

Matt Lock

Leadership Consultant,
Coach and Developer.

Matt works in both sport and corporate environments. He is coach and developer to high performance coaches, managers, directors and leadership teams.

Having returned to New Zealand at the end of 2020 he is successfully operating his consultancy from there.



His specialty is guiding others through the domains of self-awareness, human behaviour, complexity, confrontation, strategy, systemic approaches, difficult relationships, effective communication and change. Some would say the dark side!

Matt brings a mix of insight and pragmatism. Having studied, applied and validated the tools that get results for his clients, he is driven by what works.

Before becoming a Leadership Consultant, Matt worked in sport development in his native New Zealand, was a business adviser in London, and had senior roles at both the Scottish Institute of Sport and sportscotland. He has been a UK Sport endorsed mentor since 2012.

Matt has studied his craft deeply and been privileged enough to be mentored by Jim McNeish and Brian Chandler. Many regard Jim as having been responsible for developing some of the most impactful, applied leadership psychology in the UK. Matt worked for, and with Jim for 2 years. Brian, a former Director of Training for Arthur Young and long-time consultant, began guiding and supporting Matt's career from 2006.

Matt is training for Ironman New Zealand in March (Covid permitting), and navigates a sometimes-tricky balance between being highly social and competing in his chosen sport.

Summary profile

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Matt Lock Leadership

Location: Based in Napier, New Zealand. Works mostly in NZ and UK.

Job: Leadership Consultant at Matt Lock Leadership. Consultancy, Coaching, Team Development, Courses

Sport clients: UK Sport, sportscotland, English Institute of Sport, sportscotland Institute of Sport, Scottish Disability Sport, SGB/NGBs including Swimming, Rowing, Hockey, Canoeing, Triathlon, Snowsport, Sailing, Boccia, Gymnastics, Hockey, Table Tennis.

Corporate clients: TauRx Pharmaceuticals, Wagamama, EnQuest, Condé Nast, Doosan Babcock, Celgene, Scottish Water, Tails.com, Forestry Enterprise Scotland, Scale Digital, Ground Developments Ltd, Citizens Advice Scotland.

Previous roles: Leadership Consultant at Neish, HoD Communications at sportscotland, Marketing and Communications Manager at Scottish Institute of Sport (Executive Leadership Team), Business Advisor at Prevista (London), 10 years working in community sport in NZ.

Experience: Over 10 years coaching, facilitating and training; Over 20 years managing and leading people in the private and sport sector.

Qualifications:

2020-21	Interpersonal Neurobiology: (Mindsight Institute)
2019	The 5 Personality Patterns; Practitioner training (Kessler)
2015-19	UK Sport Mentoring Community of Practice
2012-21	UK Sport endorsed mentor
2014-16	Human Potential Movement Psychology: Bioenergetics; Transactional Analysis; Somatic practices (Neish)
2014-16	Systems approach to organisation development (Neish)
2014	Core Level Coaching (Cantle)
2014	The Language of Leadership (Cantle)
2014	International Systemic Team Coaching Certificate (AoEC)
2012	Diploma of Executive Coaching (AoEC)
2011	Insights Practitioner Accreditation (Insights)
2009	Neuro Linguistic Programming - Practitioner Certificate (ExcelR8)
2009	Neuro Linguistic Programming - Coaching Certificate (ExcelR8)
2002	Massey University - Diploma of Business Studies
1990	Victoria University - Bachelor of Arts Degree; English Literature
1990	Wellington College of Education - Diploma in Teaching

Insurance: Professionally Liability with Towergate.

[LinkedIn](#)